

Malaysia

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Meet My Family

I live with my father, mother, grandmother and older sister. We follow the religion of Islam.

I call my mother Mak, my father Ayah, my grandmother Nenek, and my older sister, Kak.

We live in a kampung, near Kuala Selangor on the west coast of Peninsular Malaysia.

My Nenek tells me about the past. Last night she told me about proverbs.

Nordin: Nenek, my teacher said I was 'pounding pepper to curry a bird on the wing'. What does that mean?

Nenek: That saying is a Malay proverb.

Nordin: What is a proverb?

Nenek: A proverb is a wise saying used to teach important lessons in life.

Malay proverbs often use words from kampung life. Other cultures may say the same thing very differently.

Nordin: What is the lesson of my proverb?

Nenek: It says it is unwise to boast about something before it happens.

Nordin: Oh! How do other cultures say that?

Nenek: Well, a similar English proverb says.

'don't count your chickens before they hatch'.





family outside house



mother and son



kampung house



Fact File

- Many more people live in Peninsular Malaysia than in East Malaysia.
- Indigenous people of Peninsular Malaysia are known as Orang Asli, original people.



Match each of the Malay proverbs with an English proverb. What is the lesson of each proverb?

Malay Proverbs:

I am not a banana-eating child.

It is with hombills that hombills fly.

Jump from the jaws of a crocodile to those of a tiger.

Like a mousedeer in a clearing.

English Proverbs:

Birds of a feather flock together.

I wasn't born yesterday.

Like a fish out of water.

Out of the frying pan and into the fire.



Every day it is hot and humid throughout most of Malaysia. This climate is perfect for tropical rainforests.

Birds, animals, insects and plant life thrive in the rainforests. Where I live it is mainly coastal wetlands and many birds live and migrate here.



- Gunung Kinabalu in Sabah is Malaysia's highest mountain, at 4,101 metres high.
- More than half of Malaysia is covered in rainforest and woodland.
- Malaysia is one of the world's largest producers
 of palm oil, timber, cocoa, pepper, coconut products,
 tin and rubber. It exports these and other products
 such as electronics, transport, steel and textiles.
- Orang-utan means 'man of the forest'.
 It is an endangered species.



Getting About

Fact File

- Pulau = Island.
 There are about
 1,000 islands in Malaysia.
- Sailors once called Peninsular Malaysia, 'the land where the winds meet'.
- Carvings on the front of traditional fishing boats are believed to help keep storms and demons away.
- KL has a driverless electric Light Rail Transit (LRT) system.
- A national railway system runs in Peninsular Malaysia and parts of Sabah.

Island Hopping

On Pulau Langkawi
We hired a jet ski.
On Pulau Besar
We went by car.
Across Pulau Kapas
We travelled by bus.
But on Pulau Sipidan
All we had was a van.
To Pulau Sapi
We caught the ferry.
On Pulau Aur
We rode a trishaw.
To Pulau Tioman

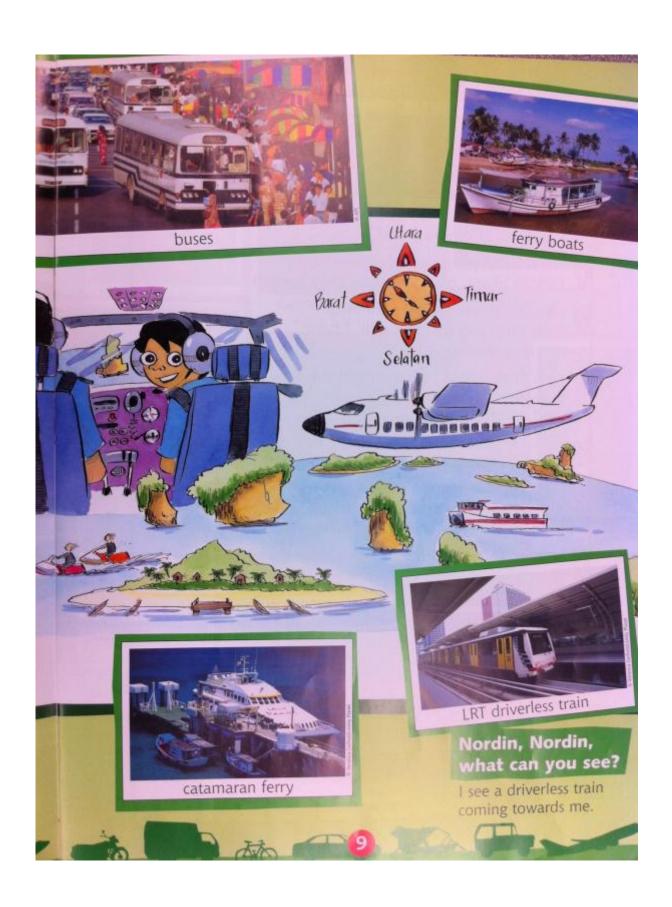


North, South, East and West, which type of transport do you like best?

We will catamaran.

But over Pulau Tulai

We could only fly.



Structures and Shapes

What Am I? Where Am I?

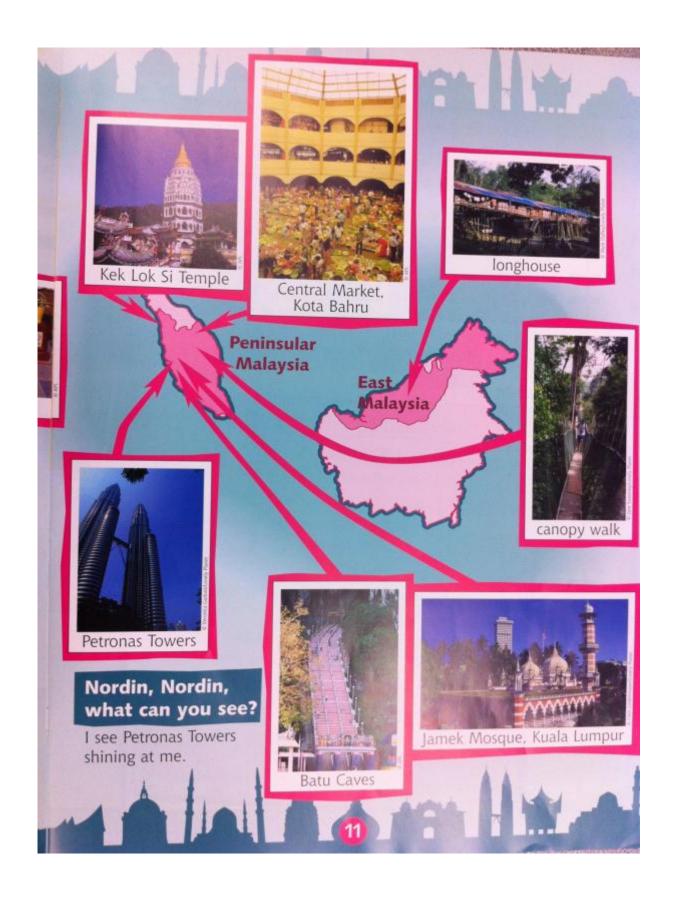
- I have minarets, domes and graceful arches.
 I am an Islamic place of prayer. I was built in 1907.
- I house a whole village. I am made from wood and stand on stilts. I have one long veranda.
- I am three storeys high and eight-sided in shape. On my floors you can find food, clothes and fabric.
- We were built in 1998 and at 452 metres tall, we are among the tallest buildings in the world.
- I was begun in 1890 and took 20 years to build.

 My pagoda is seven tiers high. Before you enter me you must take off your shoes. I am a Buddhist place of prayer.

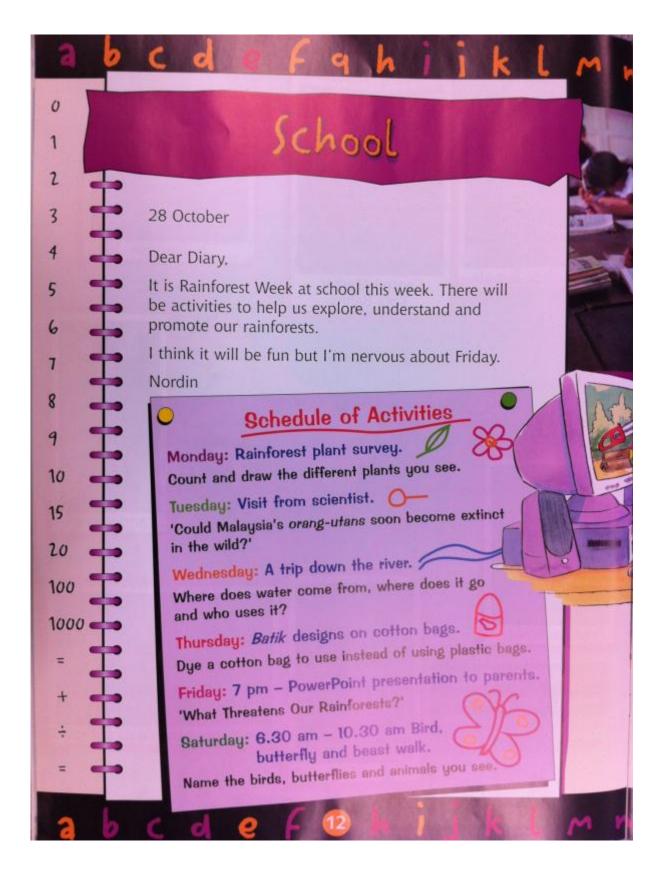
tiled entrance

- I am in the rainforest, 25 metres above the ground, suspended between several trees.
- We are hollow and made of limestone. You must climb 272 steps to reach us. We are a Hindu place of pilgrimage.

- In Malaysia it is polite to remove your shoes before entering any holy place or someone's home.
- The shape of the Petronas Towers is based on the Islamic pattern of an eight-sided star.



SHEET STATES	a	bcdefahiikl	4
	0		
	1	School	7
	2		
	3	28 October	
	4	Dear Diary,	
	5	Dear Diary, It is Rainforest Week at school this week. There will be activities to help us explore, understand and promote our rainforests. I think it will be fun but I'm nervous about Friday. Nordin One of Activities	
	6	promote our rainforests.	
	7	I think it will be fun but I'm nervous about Friday. Nordin	
	8	Schedule of Activities	A
	9	Monday: Rainforest plant survey.	C
	10	Count and draw the different plants you see.	1
	15	Tuesday: Visit from scientist. 'Could Malaysia's orang-utans soon become extinct	
	20	in the wild?'	
	100	Wednesday: A trip down the river. Where does water come from, where does it go	
	1000	and who uses it?	
	=	Thursday: Betik designs on cotton bags. Dye a cotton bag to use instead of using plastic bags.	
	+	Evideu: 7 pm - PowerPoint presentation to parents.	
	+	'What Threatens Our Rainforests?' Saturday: 6.30 am - 10.30 am Bird,	
	=	buttartu and beast waite	
100.000		Name the birds, butterflies and animals you see.	
1947	a	bcdef@hilklr	1





- Some schools also teach in Tamil, Chinese or indigenous languages.
- English must be studied. Science and Maths are taught in English.



Interesting Places



2 Kangar

Listen to Awang Batil, a traditional storyteller

8

Alor Setar

Spend a night in a kampung MISS A TURN

4 Georgetown

Visit the Khoo Kongsi clan temple

6 Ipoh

Discover Perak's tin-mining history

6 Cameron Highlands

Cool down at a hill station

MISS A TURN

Kuala Selangor Nature Park

Stay a night to watch the fireflies MISS A TURN

ah Al

Shah Alam

Visit the Sultan Salahuddin Abdul Aziz Shah Mosque GO FORWARD 2

9

Petronas Towers

View KL lights at night from Floor 42

© Seremban

Interesting Minangkabau buildings

Melaka

oin in Festival of an Fedro, patron

D Melaka

Stay overnight at a rubber estate for Diaiponggol celebratis

MISS A TURN





One of the most popular night-time activities throughout Malaysia is the pasar malam or night market.

At dusk some roads are closed to traffic and stalls are set up on the street. You can buy almost anything: from kites to baby clothes, electronic games to farm tools, and food and vegetables of various kinds.



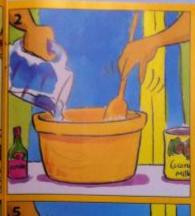
I enjoy the pasar malam as it is good to escape the heat of the day and everyone is relaxed. It is also a chance to eat some delicious snacks from the hawker stalls.

Most towns have a pasar malam once a week. In the big cities they can happen every night.

- Malaysian money is called the ringgit (RM)
- 100 sen = 1 ringgit
- Bargaining is important at the pasar malam.













Lupa Lelah Restaurant Menu

Beef or Chicken Satay RM 5.00 Barbecued Meat with Spicy Peanut Sauce

Beef	Rendang	
Spicy	Beef Dich	

RM 7.50

Nasi Lemak Rice in Coconut Milk

RM 1.00

Nasi Goreng

RM 5.00

Fried Rice

Curry Laksa Spicy Noodle Soup

RM 7.50

Fried Kway Teow

RM 6.00

Stir-fried Fat Noodles with Sprouts Fruit and Vegetable Salad

RM 4.00

Coconut Pancakes

RM 3.50

Method:

Batter:

This can be made the day before and kept in the refrigerator if necessary. Sift flour and salt into a mixing bowl. Stir in the water and coconut milk a little at a time until smooth.

Mix in the pandan essence at the end. Leave batter to stand for 30 minutes.

Filling:

Boil the water and then add the sugar. Stir until sugar dissolves, mix in the desiccated coconut and stir on low heat until the mix is almost dry. Set aside to cool.

Pancakes:

Grease frying pan lightly, then heat. Pour two to three tablespoons of the batter into a small frying pan.

Cook until golden brown, then turn over to lightly brown the other side. Turn onto a plate.

Place two tablespoonfuls of filling. in a sausage shape, on each pancake. Fold a pancake side over the filling. fold in the edges, and then roll the pancake up.

Note: pandan essence often comes with green colouring added. Vanilla essence may be used instead, or if pandan leaves are available, add two to the filling while it is cooking.

Selamat menikmati. Enjoy your meal.

Playing Games, Having Fun

At lunchtime on Fridays I go to the mosque to pray with other boys. Afterwards we have the afternoon to play. Depending on the time of the year we could be rollerblading, swimming, spinning tops, flying kites or practising silat.

Kite flying, silat and top-spinning are quite traditional activities. They are things my father and grandfather did when they were young. Rollerblading and soccer are more modern activities.

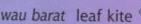
I like them all.

Wau Designs

wau bulan moon kite



wau kuching cat kite

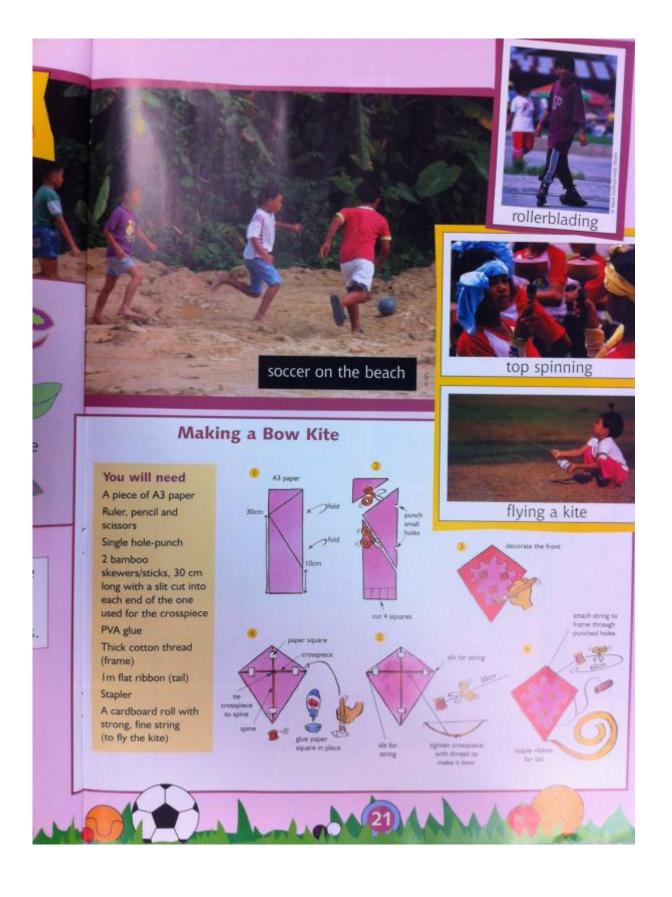




wau jala budi woman kite

wau merak peacock kite

- A record time for the longest spinning top, called a gasing, is almost two hours.
- The emblem on the tail fin of Malaysian Airlines is a moon kite or wau bulan.
- Discuss why a kite is a suitable emblem for Malaysian Airlines.
- Sepak takraw, badminton, hockey and ten-pin bowling are popular sports in Malaysia.
- To see some of the beautiful shapes and designs of traditional kites, or wau, visit the Dancing Frog Designs website at http://www.bhc.com/malaysia2001/wau.html#wau



Practising and Performing

Silat is a form of martial arts and also a dance. Silat is very popular throughout Malaysia. In the past the Sultans of each region had a troop of silat fighters to protect and defend them. When they were not fighting they often put on silat performances as entertainment for the Sultan.

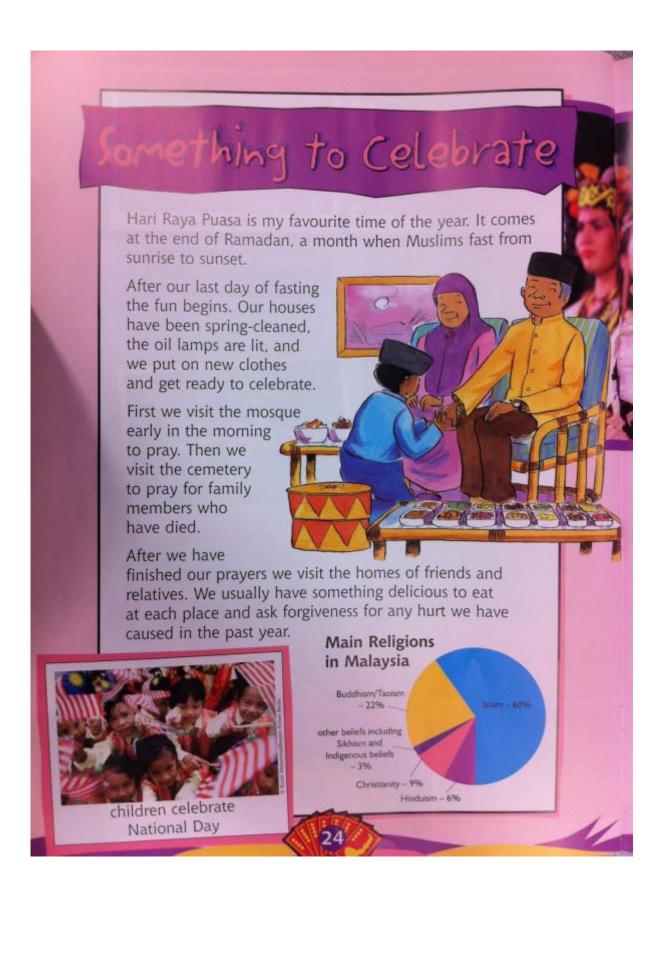
I have been learning silat for two years. We usually train once a week and I practise at home for 20 minutes each day. This month we have been invited to perform at the Sultan's palace for his birthday. There will be other dancing and music, and wayang kulit too.

Fact File

wayang kulit

- Malaysia has thirteen states and two federal territories; nine of the states are each governed by
 - a separate traditional Sultan family. The other four states have elected governors.
 - Every five years the Conference of Rulers elects a Yang di-Pertuan Agong, or king, of Malaysia.
 He is chosen from one of the nine Sultans.
 - Silat is often performed at weddings and other important events. Drums and gongs are played with the display.
 - Wayang kulit is a shadow puppet play.
- Joget is one of the many traditional dances in Malaysia. It is based on Portuguese folk dance.

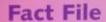








Chinese New Year



- The Muslim or Islamic calendar is 11 days shorter than a Western calendar.
- Celebrations in Malaysia often involve 'open house' where friends of other cultures and religions are invited to join in the fun.
- Chinese New Year is a time to spend with family and show respect for ancestors. Children are given ang pau, gifts of money in little red packets, to wish them a long and wealthy life.
- Deepavali is a Hindu festival of lights that celebrates the victory of good over evil.
- Indigenous festivals, such as Gawai Dayak are often based around harvest time.
- Malaysia's National Day (Hari Kebangsaan) is 31 August.



kolam for Deepavali

Are there any special times in the year when you celebrate? How do you celebrate?

ALL PARTY OF THE P

A Malay Tale

Mouse Deer and Crocodile Told by Aaron Shepard

One day. Mouse Deer went down to the river. He wanted to take a drink. But he knew Crocodile might be waiting underwater to eat him.

Mouse Deer had an idea. He said out loud, 'I wonder if the water's warm. I'll put in my leg and find out.'

But Mouse Deer didn't put in his leg. Instead, he picked up a stick with his mouth and put in one end.

Chomp! Crocodile grabbed the stick and pulled it underwater.

Mouse Deer laughed. 'Stupid Crocodile! Don't you know a stick from a leg?'

And he ran off to drink somewhere else!

Another day, Mouse Deer went back to the river. All he saw there was a floating log. But he knew Crocodile looked like a log when he floated.

Mouse Deer had an idea. He said out loud, 'If that log is really Crocodile, it won't talk. But if it's really just a log, it will tell me.'

He listened. A rough voice said, 'I'm really just a log.' Mouse Deer laughed. 'Stupid Crocodile! Do you think a log can talk?'

And off he ran again!

Another day, Mouse Deer wanted to cross the river.

He wanted to eat tasty fruits and roots and shoots on the other side. But he didn't want Crocodile to eat him first!

Mouse Deer had an idea. He called out, 'Crocodile!'

Crocodile rose from the water. 'Hello, Mouse Deer. Have you come to be my breakfast?'

'Not today. Crocodile. I have orders from the King. He wants me to count all the crocodiles.'

'The King!' said Crocodile. 'Tell us what to do.'

'You must line up from this side of the river to the other side.'
Crocodile got all his friends and family. They lined up across



Mouse Deer jumped onto Crocodile's back. 'One.' He jumped onto the next crocodile. 'Two.'

And the next. 'Three.'

Mouse Deer kept jumping till he jumped off on the other side of the river.

'How many are there?' called Crocodile.

'Just enough!' said Mouse Deer. 'And all stupid!'
Then he went off singing his song.

'I'm quick and smart as I can be.

Try and try, but you can't catch me.'

C Aaron Shepard, 2004

Glossary

English

Desiccated: Dried.

Emblem: A picture to show an idea.

Exports: Goods sold and sent to other countries.

Fast: Go without food.

Pagoda: Original inhabitant: flora, fauna, fish or human.

A multistorey tower that is part of a temple.

Promote: A journey to a sacred place.

Raise interest in something.

Minarets: Towers on a mosque from where Muslims are called to prayer.

Sultan: A ruler of a state, whose father was the Sultan before him.

Suspended: Hanging from something.

Tiers: Storeys, levels on a building.

Bahasa Malaysia

Bahasa Melayu: Malay language.

Hari Raya Puasa: (or Aidilfitri) Day of celebrating at the end of Ramadan.

Kampung: A village.

Lupa Lelah: Forget your tiredness.

Nenek: Grandmother.

Pandan: Leaf of the screw pine.

Pasar malam: Night market.

Puasa: To fast, not eat.

Pulau: Island.

Sepak Takraw: Game played with woven rattan ball and net.

Silat: A form of martial arts.